

The Castro Lion ROAR

Volume 12; Issue: 5 October 2004

Steven Sams Editor – submissions accepted in word format via email at ss2391@sbc.com



General Membership Meetings:
1st & 3rd Wednesdays

Cote Sur
4238 18th Street, 415-255-6565
6:30 cocktails
Dinner 7pm

PLEASE! Call 415-90-Lions for reservations
Prices not yet established, new place.

CASTRO Lions: benefits from your **Community Thrift Store**

donations. Our Account # is 67. CTS will make arrangements for pick up of larger items, or you can drop them off during normal store hours.

PLEASE be sure to complete a donation receipt so we may thank you for your generosity, & track the contributions. Deliveries are at the dock in Sycamore Alley Street between Mission & Valencia.

Community Thrift Store
623 Valencia Street
10 am to 6:30 pm Open every day
(415) 861-4910.

Proceeds from your CTS donations benefit our Castro Lions Eye-Glass Fund.

www.commthrift.com

Calendar of Upcoming Events:

Submit items early for best impact.
Send to ss2391@sbc.com

October 30

Halloween Party fund raiser – SF Eagle
398 12th St 9-midnight

October 23

Making Strides Against Breast Cancer
-See related article.

November 6

Lone Star Beer Bust 3pm - 7pm (\$8) see Lion Brit

Nov 10 & 17 AEF/BCEF Dine Around 94114
www.DineAroundSF.org

October 30

Halloween Party – SF Eagle

November 12-14 – 2nd Cabinet Meeting, Carmel

December 1

AIDS Emergency Fund's Every Penny Counts Day

December 9 - Lone Star Beer Bust
4pm - 8pm (\$7) - see Lion Brit

December 12 – Holiday Party/Toy Drive
Davies Hospital 'GAZEBO' 6-10pm

Jan 29th 2005 – 3rd Cabinet Meeting

Feb 11-13 – San Diego MD4 Convention

April 23 – 2005 Convention

Dates TBD:

Alice in Wonderland Croquet Tournament and Tea

Dance - see Lion Brit

Victorian House Tour - see Lion Rich Bennett

Other community Events: <http://www.craigslist.org/>



Credit the Club for your
Cole Hardware purchases!

We are also a standing beneficiary of your purchases at the Cole Hardware Stores (Cole Street & the other SF locations of Fox Ace Hardware). Our club receives 'purchase' credits for your mentioning us when you make your purchases. The Club's account number at Cole is # *2584. (I'm told the '*' is essential.) <http://colehardware.com/> Twice a year, they send us a gift certificate worth 10% of the accumulated purchases made in our name.

Lions Code of Ethics

TO SHOW my faith in the worthiness of my vocation by industrious application to the end that I merit a reputation for quality of service.

TO SEEK success and to demand all fair remuneration of profit for my just due, but to accept no profit or success at the price of my own self respect because of unfair advantage taken or because of questionable acts on my part.

TO REMEMBER that in building up my business it is not necessary to tear down others; To be loyal to my clients or customers and true to myself.

WHENEVER the doubt arises as to the right or ethics of my position of action towards my fellow man, to resolve such doubts against myself.

TO HOLD friendship as an end and not a means; to hold that true friendship exists not on the account of service performed by one to another but true friendship demands nothing but accepts service in the true spirit in which it was given.

ALWAYS bear in mind my obligations as a citizen to my unswerving loyalty in word, act and deed; to give them freely of my time, labor and means.

TO AID my fellow man by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy; To be careful with my criticism and liberal with my praise; To build up and not destroy.

The Castro Lions is both a Federal and State recognized 501 (c) (3) organization.

Your contributions to our work in the community (charities account only) are fully tax deductible as allowed by law. [EIN# 94-3206719.](#)

The Castro Lions Club Employee Giving Campaign/United Way Number is: #1034139 (At SBC, employees can use ID# 002944)

Lion Clubs International Objectives

To create a spirit of understanding among the people of the world;

To promote the principles of good government and good citizenship;

To take an active interest in the civic, culture, social and moral welfare of the community;

To unite the clubs in the bonds of friendship, good fellowship, and mutual understanding;

To provide a forum for open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members;

To encourage service minded men and women to serve their community without personal financial reward and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.

November Castro Lion Club Birthdays:

A Happy Belated Birthday to

Lion Mike Boote 10/14

And the sole November born Club member

Lion Robert Huggins 11/26

And...a certain 1st VP of a certain 94114 area Lions club has a BD over the next month or so – but is too scared to tell the editor when....



FOR THE RECORD:

There are currently 46 members in good standing in the Castro Lions Club. As of May 31, 2004 there are 1,373,404 members internationally in 47,030 clubs and 745 Districts in 193 countries and geographical areas.

MD4 – PR contest:

Take note fellow Lions – we can possibly raise up to an extra \$1000 for the club charities by winning the BEST PR for Lionism from MD4 coffers.

All Media Releases we get - news articles we have published about us in local papers, employee association newsletters etc. can all be submitted to MD4 to be counted in this contest.

Contact Lion President Gail Wood for details – and help us spread the word about our club activities, Lionism and our SERVICE to the community – and maybe – even raise some dollars while we're at it!



707-648-2306 – Warehouse
PIDDRBILLIANN@aol.com

The CASTRO LIONS want your used eye glasses and hearing aides: no loose lenses please, frames only are ok if in good condition.

Drop Off spots:

Dr Kathleen Kennedy 552 Castro
SF-LGBT Center 1800 Market Street
Site for Sore Eyes:

300 West Portal

140 Battery & 901 Market

Lions Eye Foundation CPMC
2340 Clay at Webster - 5th floor

<http://www.lionsinsight.org/>



Beneficiaries of the Castro Lions 2003-2004 fund raising were:

AEF/BCEF

<http://www.aidsemergencyfund.org/>

Hector Caceres Eyeglass Fund

COLAGE

<http://www.colage.org/>

Children's Book Project

<http://www.Childrensbookproject.org>

GLSEN: SF-EB Essay

<http://www.glsen-sfeb.org>

Guide Dogs of the Desert

Honorariums

LCIF Melvin Jones

Lion of the Year

Lions Canine Companions (Membership)

Lions Canine Companions (Worker Dog)

Lions Ear of the Lion (Membership)

Lions Eye Foundation (Membership)

Lions-In-Sight (Membership)

<http://www.lionsinsight.org/>

MNHC - Children's Holiday Pty

<http://mnhc.org/>

PAWS

<http://www.pawssf.org/>

Recording for the Blind & Dyslexic

Rocket Dog Rescue

SF Lesbian Gay Freedom Band

Tenderloin AIDS Resource Center

<http://tarcsf.org/home.html>

Tenderloin T's Dinners

The Center for AIDS Services

<http://thecenteroakland.org/>

Tranquillium Center

<http://tranquilliumcenter.org/>

(Please provide editor with the web site URL of any of these not shown.)

From the upcoming edition of Retina:
Preprinted permission of Lion Mark Paskvan

Why does ophthalmology education take so long? In my own private practice, residents spend time with me learning about children's eyes. As I introduce these training doctors to my young patients, I will often jest "can you believe anybody that old is still in school?" The children usually giggle, and bond immediately with the resident who is still a student.

So why are perfectly intelligent people who "fast track" their education still in school as they approach their 30th birthday?

The process of medical education is a long one. It starts with an undergraduate college degree. There are some minimal specific requisites (such as a certain number of hours in science), but in large part, this education is a general one. At CPMC, we have had residents who "majored" in philosophy, business administration, music, or literature in addition to those who were "pre-med."

In order to advance to medical school, there is an "SAT" equivalent called MCAT. This objective test stacks students up across the nation. Medical schools consider these scores as one feature for acceptance. Letters of recommendation, reputation of undergraduate schools, diversity issues, and interviews enter into the equation as to who is selected.

Medical school is often a rude awakening for one's ego. Classes are filled with valedictorians, student body presidents, and egos that know how to advance. I will never forget the braggart in our class who announced to the entire world on day 1 of medical school that he intended to be the most famous neurosurgeon ever. The humble pie which was served to him after he failed the first few exams was one which undoubtedly each medical student tastes at some point in the 4 years of schooling.

So what is there about medical school that future ophthalmologists need to know? The eye is more than an instrument that occasionally needs glasses. The "eye bone" is connected to the "heart bone," and the "head bone," and so forth. It is the only part of the body where blood vessels and nerve tissue can be directly seen. So,

knowing what elevates blood pressure, or what malignancies look like in the eye, or what eye medications might do to lung function is wildly important. The depth of knowledge required to provide the very best possible eye care is fathoms deeper than the training in an ophthalmology residency.

Let me give some concrete examples. Assume a person has headaches. Chances are it is a matter of excess stress, or perhaps a migraine. But the list of rare conditions includes some mighty scary things, including brain tumors or elevated blood pressure. Please don't be scared by this if your head suddenly starts to pound as you read this! The well-trained individual is taught to "take a history" which will often help narrow the list down considerably. A good examination further clarifies what is likely occurring. The goal in all this is to match the individual story with the most probable diagnosis, and then to perform tests to confirm this suspicion, so that the person with the headache can be helped. This judgment is one which is gained by all of the education which it takes to become an ophthalmologist. It includes nights in the emergency room, hours of lectures, and lots of library time. Experiences are dependent upon caring for many, many patients. When it is all over, in addition to having much knowledge learned and applied, there also are extraordinary experiences of delivering babies, of seeing a very broad swatch of society, of caring for a dying patient, of seeing families suffer, of learning one's limitations, of knowing how to help.

This process of developing breadth and depth of experience re-starts for additional chapters beyond medical school. Graduates, though "MD's" now must complete internships. This is more than a rite of passage. It is accepting much greater responsibility for one's decisions, and of being identified by a patient as "my doctor," and of for the first time in a medical career, actually being paid to be a doctor (though, by age-matched peers, just a fraction of what others with similar levels of education are now earning).

And finally a residency is entered. With a residency, a young doctor is now specializing in a specific branch of

medicine. For ophthalmology, this is a 3 year commitment. As smart as people feel post internship, another serving of that good ole humble pie slaps one right in the face when an eye residency is commenced. Look at all of those tools we use- slit lamps, special ophthalmoscopes, intraocular pressure checkers. Most ophthalmology beginners don't even know the names of the equipment! They quickly assimilate the knowledge and skills necessary to be an ophthalmologist.

These 3 years are scrumptious ones. For the first time, the young doctor is actually learning what he/she hopes to be applying for an entire career. The gratification which comes with this final step is immense. It is during the residency that the value of training in medical school becomes apparent. All of the disease processes which were learned during medical school come back- but this time as something with eye manifestations. It is a remarkable experience to realize how complicated the eyes and vision can be. It is a wonderful experience to become expert at helping people see.

There is a silver lining to this long trail. Once a resident has mastered the right eye, the left eye is a piece of cake!!!

Susan H. Day, M.D.

Chair, Department of Ophthalmology, CPMC
President Elect American Academy of Ophthalmology

Editors' Note: Lion Mark is preparing a few more articles for us as well. Specifically news from the clinic and our history with them – included will be a special story on the 'low vision service' at the clinic.

October is Breast Cancer Awareness Month

Lion members, friends and family are encouraged to become part of the growing number of individuals signing up for the American Cancer Society's Making Strides Against Breast Cancer walk in SF's Golden Gate park. Team SBC has invited everyone to join with them in this vital fund raiser for Breast Cancer education, prevention and care. (I have collected more than \$1000 from MD4 Lions already!) For details, contact Lion Sams (ss2391@sbcc.com) or visit the team registration website at:

<http://www.acsevents.org/faf/search/searchTeamPart.asp?ievent=57238&lis=0&kntae57238=A97092AFACE049CF9158C307E1486D28&team=486854>

LY&CA

(Lions Youth & Community Activity)

Raffle tickets

The Y & C Tickets are now available.
Contact Lion John Klimek at:
(415) 933-6827 - or -
577 3rd Avenue Apt. B
San Francisco, CA 94118 – 3901 – or – via
email at:
JRAK127@webtv.net

We are responsible for 300 books. With total participation this should be a success. There will be up coming dates when the Club will sell tickets at the Chevron Gas Station at Castro & Market. The dates & times of street sales are yet to be determined, but a schedule of these will be shared soon.

General Membership meeting 10/6 The District Governor's Visitation

Where to begin? This was a terrific night. The Tail Twister (Lion Gary standing in as he is want to do) was in fine form and the 'kitty' was indeed padded! We had visitors and club members in a tizzy by the end of the night, laughing and doling out their cash and enjoying a tremendous dinner. Here are some of the hi-lights.

First, in attendance with Lion District Governor Ray Rosenthal, were his charming lady wife Christina and the District Cabinet Secretary Lion Tim Collins. Unfortunately, the Vice District Governor, Region and Zone Chairs were unable to attend. We also had a visitation from Lion Wayne Shatswell from the Marysville Linda Lions club, Lion Randy Ortega from Marina North Beach and his partner Steve Kech and a guest of Lion Tom Lucas – John Dora. Lion PDG's Mike Newell and Michelle Jester were also in attendance. (With all this brass – your editor was want to know the proper protocols!) Lion Wayne is also the Linda Lions newsletter editor – and has already entered his visit in their latest edition – he was delighted with his visit, our newsletter and the Governor's knees!

Correspondence shared by Lion Secretary Carroll Fears included thank you letters from PAWS & Guide Dogs of the Desert for our recent contributions to their work. We also received invitations to several events including various activities from other

clubs which will be posted in the news letter and in group club emails as details become available. It was also Lion Dennis Hale's BIG SIX-O, so needless to say – the 'gin martinis' were everywhere! Happy BD you 'OLD' thing, (smile).

Lion Linda Lopez-Wood is also now assigning the raffle tickets for the Admin Account fund-raiser. These tickets are \$1 each are ill be sold from now until convention (4/23/05) for a chance to win one of two special, historical PIN-Vests. Sales can be secured via email as well by contacting her at the following email address: Lionnewsed@aol.com .



*Lions President Gail and Governor Ray during the Governor's '10/6 visitation'.
Notice those knees?!*

Now, on to the good stuff –

Lion District Governor Ray spoke to the club about his administration to date and the 'State of the District'. He has been on dozens of visitations so far and thanked us for our overwhelming and friendly welcome. 'I always find such spirit of warmth and true displays of Lionism when I'm in the company of the Castro club!' We should also note that on a dare from Lion Linda – the Governor wore shorts as did District Cabinet Secretary Lion Tim – oh the knees on those boys! Lion Ray praised the work of Lion Linda and the many hats she wears to make the District run smoothly including the work she does on the District Bulletin, which he says garners comments of praise almost daily from all around the country. (He also said he like our own newsletter and I blushed.)

District membership, a key to every Governor's administration is doing very well. Of 16 Multiple Districts, only 2 are up

in head count and we're one of them. Our recent increases in club membership have been instrumental in helping make that happen.

The Governor reminded us of the upcoming MD4 & 4C4 conventions telling us the 2 HOPEFULS for ID (International Director) will be in attendance in San Diego – he also promised that the 4C4 convention will be “short and sassy – just like me” due to a restructuring of the committee reports.

Lion Ray shared the promotional brochure for the new Proud Lion/Proud Sponsor Pin and noted that at least 3 he knew of in the Castro Club were more than half way there already. (Forms are available from Lion President Gail.) He also encouraged us, and all clubs in the District to continue partnering on events – like we are doing with the Foster City Lions in support of the ‘AEF/BCEF Dine Around 94114’ event. (Which by the way still needs Ambassadors – see calendar for details.)

Finally the Governor presented two very special awards to Castro Lions members. These District Certificates of Appreciation mark extraordinary if behind the scenes and therefore sometimes unseen support of club and District activities. Lion Linda – for all the reason listed above received one of these certificates and it'll be no surprise to anyone who knows or has even heard of him that the second certificate went to our very dear, dedicated and way over worked Lion Secretary Carroll Fears!

Your Editor would like simply to repeat a comment he was able to make recently to a member of the public.

“Carroll? You don't know Carroll? Well – actually that may be right. He isn't one to every tout his own accomplishments or far reaching support of the community. But let me tell you, there is no one I've ever met who is more deserving of a cross-agency “Man-of-the-Year” award than our Lion Carroll who has for decades, made life and work for thousands, a better thing. Frankly, there have been times in our almost 20 years of club service – that if it were not for Lion Carroll – we would have folded.”

Congratulations Lions Linda and Carroll.



Lions Carroll & Linda receiving their District 4C4 'Certificates of Appreciation'.

SPECIAL Fund-raiser for The STOP AIDS Project

Local Mediterranean restaurant, Fattoush at 1361 Church Street in SF will donate 15% of your total food bill (guess that means not the drinks) to the STOP AIDS Project Sunday through Thursday.

As we all know – the government hassling of the Stop AIDS Project for its innovative and results-producing HIV/AIDS Prevention work has cost them literally thousands of dollars in support services, education and prevention staff funding. So go eat a great meal – and help them bridge that gap!

NEWS from Other Clubs

10/23 New Century Halloween Ball
Call Dan Ng 415-2037273

11/17 Millbrae Lions Club Silent Auction

11/25 Joint Council meeting

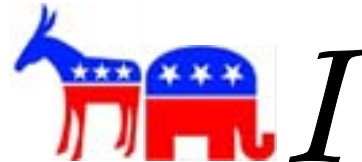
Meriwa - 728 Pacific.

Hosted by SF Chinatown club.

RSVP by 10/21 to 4650-322-8088



DO YOUR CIVIC DUTY: VOTE!





To help the Castro Lions Club raise funds for our Administration Account, we have put together two beautiful vests of historic value. These vests are literally loaded down with keepsake pins from all over the world. This is Vest 1. More pins are being added monthly. From now until the Convention in April, we are selling chances on these vests at \$1 each. Orders of \$10 or more may be charged.

As this is an ADMIN ACCOUNT FUND RAISER - the tickets may only be sold to other lions. Please contact Lion Linda Lopez-Wood for details, or to purchase your chance to win a part of history! Lion Linda Lopez-Wood Lionnewsed@aol.com Home: 510-881-1331

CASTRO Lions Halloween BLAST!

Saturday October 30
9-12 Midnight - Eagle Tavern
Costume Contest:

1. Best Costume Overall
2. Best Pervert Costume
3. Best Ghoulish Costume

Beer Bust

12 Midnight, beginning of Halloween:
We release the ghouls - Raffles



Foster City Lions Visitation

UCSF – AIDS Health Project

20th Anniversary Gala

Monday November 15, 2004

Castro Theater – SF - 7:30-9 pm

(Pre-show reception at 6:00 pm)

http://ucsf-ahp.org/HTML/gala_2004.html



Tickets available through www.TicketWeb.com or sponsorship opportunities, questions,

Call Victoria Karno at 415-502-5859 or email her at:

vkarno@itsa.ucsf.edu

Lion Sams is sponsoring the above event in honor of the Castro Lions & will have a limited number of guest passes available. Additional tickets may be purchased for as little as \$25 each.

The CASTRO LION Roar Ad Rates

Ads must be electronically provided, & 'business card' (3.5 in x 2 in) sized. They may be 'color' versions, though in PRINTED copies of the newsletter only B&W will be supported. A 12 month run of the ad is \$100. Special Event (2 month) ads are also available for \$25.

The Castro Lion Roar is published monthly.

Subscriptions for yourself or friends can also be made at \$10 per year & we'll mail the Castro Lion Roar right to you.

(Our non-profit friends & community business partners enjoy a 50% discount to the ad rates. Contact the editor for details.)



General membership Meetings are Dinner meetings – REMEMBER to call in your reservation by NOON the Monday before the meeting
415-90-LIONS

Folsom Street Fair – Castro Street Fair; preliminary results:



FOLSOM:

Lions Klimek, Hale, Gin and Sams began the morning for set up, bank-box runs and ended with take down, cash-out, check-out and clean up. Lions Gardner and Edward sent their best - but couldn't make it in from Palm Springs. Lion Carroll Fears stopped by to wish us well - but had to prepare for a London Officer visit/audit and so had to leave for work and Lion Brit Zane, festive as always, attired in his Fall Butterfly costume graced the scene.

Throughout the day the booth was staffed by hard working friend and members of the club: Lion Tom Rodgers, Tom Lucas, Tommy Rudder, Rich Bennett, Michael Boote, Spike Lee, Frank Bence, Denni Harp, and Brian Carbo. Lion Randy Ortega and his partner Steve Kech, were magnificent at dispensing pitchers most of the day as were the friends Lion Dennis Hale, Mike Figueroa and Jane Campbell and Lettie Marquez - a friend of Brian Carbo who has volunteered with us in the booth on several occasions. Others - helping (whose affiliation I missed) were Todd Brannon, Lori Engler and Holly Biekneil. (Sorry for any misspellings.)

On the day - which was far less crowded than usual, we still managed to run a grand fund raiser. We're still not clear on just how the profits will be shared out - but as a booth we took in over \$7000 in sales and more than \$754 in tips. Thanks all for your extraordinary efforts. (Funds are to be distributed on Nov 10 beginning at 7pm.)



CASTRO:

Well, I think the first thing to admit is that it was freakin' cold! Even with Lion Dennis Hale and Denni Harp trying to 'fool' the crowd into thinking cold beer on a frigid, foggy, windy morning would act as anti-freeze and so they ought to buy twice as much; we probably barely broke even on sales. Things did pick up again later in the day - but no where near normal. We sold about \$5800 in beverages. The good news is - we collected about \$662 in tips! 'Way to

shake your groove thing' kids! (Of course - with the temps as they were - one could hardly help but shake it!) The hardy souls who braved the day were Lions David Gin, Denis Hale, John Klimek, Frank Bence, Denni Harp, Brian Carbo, Rich Bennett, Carroll Fears, Scot Riffe, Tommy Rudder, Spike Lee, Tom Rodgers, Randy Ortega (ad his partner Steve Kech) and once again, our good friend Lettie Marquez. (This gal deserves a big round of applause! After all these years of help - maybe Lion Brain can finally get her to join?)

We especially appreciate all the bodies coming out to assist in these two major events. The work shared, is work halved - so no one (sorry Lion David - except you) had to be there all day. Please check out the upcoming events calendar and be at as many of the events throughout October and November as you can. At some - only 3 or 4 folks are needed - but coordinate with the event chair so we can be successful - and still not wear you all out.

Castro Lions Club Committees:

- Finance & Budget - Lion David Gin
- Visitations (2nd VP) - Lion Dennis Hale
- Fundraising & Events - Lion Tommy Rudder
- Constitution & Bylaws - (3rd VP) - Lion Gail Lopez-Wood
- Voice Mail - Lion David Gin
- Public Relations - Lions Gail Wood, Brad Sprankle, Steven Sams & Patrick Gould
- Newsletter (3rd VP) - Lion Steven Sams
- Speakers - Lion Linda Lopez-Wood
- Membership - Lions Brit Zane & Patrick Gould
- Y&CA Raffle Tickets - Lion John Klimek
- Lions in Sight - Lion Linda Lopez-Wood
- Exams & Eyeglasses - Lion Carl Tebell
- Eyeglass Collections - Lions David Gin, Gary Nathan & Mary Sager
- Holiday Party & Annual Dinner - Lions Carroll Fears, Gay Nathan & Linda Lopez-Wood
- Board Meeting Coordinator Lions David Gin & Dennis Hale
- Charities (2nd VP) - Lion Brian Carbo
- Convention (2nd VP) - Lions David Gin, Carroll Fears, Gary Nathan, Dennis Hale, Brit Zane, Carl Tebell, & Linda Lopez-Wood.

**ANY MEMBER MAY
Join and Assist any committee.**



Guest Column:

As possible, & as room allows, The Castro Lion Roar is accepting Guest Columns from our local non-profit partners & neighbors. Some of these are current or former beneficiaries, all are friends of the Castro & worth your consideration.

This month I am pleased to share some information with you from AEF/BCEF.



Chris Morris of AEF/BCEF when he addressed club about their Dine Around 94114 event accompanied by a VERY happy Lion Carroll and Lion President Gail.

Established in 1982, AIDS Emergency Fund provides emergency financial assistance to low-income people living with AIDS or disabling HIV disease. Our clients are often individuals whose illness has exhausted their financial resources and placed them in a state of acute economic need. Money raised by AIDS Emergency Fund is used to help clients in financial emergencies to meet basic living expenses by making payments directly to service providers for rent, utility and phone bills, uninsured medical expense, and other emergency needs such as pre-paid funeral expenses.

AEF is grateful the Castro Lions Club for it's nearly two decades of continuous financial support totaling over \$100,000! Annual funding from the Castro Lions goes directly to our clients in need, and helps our clients from facing eviction or utility shut-off. AEF has been blessed to have extraordinary volunteer support from the Castro Lions for Dine Around and our other events, too.

In 2001, AEF launched Breast Cancer Emergency Fund to help women and men disabled by breast cancer or its treatments. The same guidelines apply to this separate Fund. There can sometimes be confusion

about the funds and our name. The corporation is legally named "AIDS Emergency Fund." The non-profit has two distinct programs, AIDS Emergency Fund and Breast Cancer Emergency Fund. When we refer to the corporation or its board of directors and staff, we often refer just to AEF. We referring to our programs, clients, policies or procedures we often use AEF/BCEF. Funds donated to a particular program are accounted for separately.

The AIDS Emergency Fund and Breast Cancer Emergency Fund helps low-income men, women and children of all races, ethnic groups and sexual orientations. Any person living with disabling HIV, AIDS or breast cancer in San Francisco County who meets the income and other criterion may qualify for emergency financial assistance. The Fund provides assistance of up to \$600 per year per individual. In 2003, AEF distributed about \$120,000 per month in direct aid to clients. AEF/BCEF made 2,742 grants in 2003, totaling \$1,400,000. The vast majority of these grants were to AIDS clients, but BCEF served 10\20 women and provided over \$60,000 in direct support in its third year of operation.

AIDS Emergency Fund is a volunteer-led, non-profit, non-political and tax-exempt organization. We rely primarily on the generous support of individuals, businesses and organizations and are also supported in part by federal Ryan White CARE Act funds. Much of our funding is derived from community events and benefits.

Our signature project is the "Every Penny Counts" penny jar program which has collection jars placed at hundreds of locations throughout the Bay Area. Again, the Lions have been there in force with us for many years as Penny Jar volunteers and EPC Day helpers.

The Castro Lions help make up part of our dedicated network of over 350 volunteers that enables us to maintain very low overhead. 100% of the funds raised at community events and individual contributions go directly to our clients. Thank you, Castro Lions Club!

Mike Smith Executive Director - AEF

President's Column – Lion Gail Wood



Fellow Lions & friends

Even though it's only October 17, I have just been drug out of a perfectly delightful Castro Lions Fundraiser to come home and write my article for the November Newsletter. October is just half over, but we have been really busy. The Castro Street Fair has come and gone and our beer booth was just as successful as ever. Much help was offered from our club and friends.

Yesterday we had a garage sale at Castro Lion Tom Lucas' and Lion Dr. David York's (from Daly City Host Lions) house on 18th street and raised \$720.00!! The leftovers were either saved for the next sale or taken to Community Thrift for resale to be credited to us as one of their charities.

Today Lions Brit Zane and Patrick Gould hosted a beer bust at the Edge on 18th street entitled "I Was A Runaway Teenage Zombie". Yes you read it right. It was great. All money raised at the door will be ours, we sold Y C & A tickets, there was a fabulous show and most important of all, the Castro Lions are out and visible in the Castro. We found several potential new members at this event.

Now on the down side... We have lost our "new" meeting place. We just found out last Wednesday that Miu Miu Bistro has been sold! We have no permanent meeting place. By the time you read this, we will have met at Cote Sur on 18th Street for our October 20 meeting. This is a stop gap measure, and probably will not be our regular meeting spot. But it might. We're not quite sure what we're going to do. So if you know of a good restaurant within the city limits of San Francisco, with a private room that will hold 25-35 people, is handicapped accessible, has some kind of parking and doesn't cost an arm and a leg please let us know ASAP.

Meanwhile stay tuned to your Email or your phone for future meeting locations. This has happened to other clubs and they have survived and so will we. But it is a big pain in the neck and we need everyone's support as we work through this.

Thanks to all for continuing to make our club The Pride of the Castro!

Lion President Gail

Editor's NOTE regarding submissions:

Please do your own spell checking in advance of sending copy when possible. Copy can be sent either as attachments or simple text in an email. Each month, the Castro Lion Roar will be published on or about the 23rd day of the month which means copy must be submitted by the 20th of the month to ensure its inclusion in the next edition. Of particular interest are CALENDAR items – Obviously – these need to be well in advance of the event to be of value.

Garage Sale Results:

Lions John Klimek, Dennis Hale, David Gin, Randy Ortega, Tom Lucas and partner David York from the Daly City Host Lions, Linda Lopez-Wood, Gail Wood, Peter Mansala, Gary Nathan and Tommy Rudder sloshed through the cold and damp day selling up a frenzy – at the end – some \$720.75 was collected.

Edge Beer Bust:

Lions Dennis Hale, Steven Sams, Brad Sprankle, David Gin, Gary Nathan, Linda Lopez-Wood, Gail Wood and David York of the Daly City Host Lions worked the room while Lions Brit Zane and Patrick Gould worked the stage. A gay and grand time was had by all – we sold Y&C tickets, made some potential new member contacts and raised \$278 at the door. Thanks to Gary Virginia, the event coordinator of the bar, all the money from beer sales goes direct to our charity account.

These two events alone logged us nearly 100 hours of community service time for the month of October!

Congratulations Lions Patrick and Brit for another great show, another fabulous event and thanks for the extraordinary efforts on behalf of our charities. Fellow members – take note – Lion Brit is NOT resting on his laurels either. Over the next few months and into spring 2005 – he has no less than 5 more events planned to help us meet this year's goals. This is an amazing dedication and commitment to the club. Thank you Lion Brit!

Just TOO Funny!

Lion Patrick, hearing of the 'death of Lion Gails' mouse sent a note (voice mail) of condolence to Lion President Gail. He was most distressed over her loss.

...it was her computer mouse Lion P, not a pet!

Amazing STUFF!

Livermore Scientists Join DOE Consortium in Partnering With Private Company to Develop Artificial Retina

To read the entire Press Release visit the site below, but your 'ever eager' Editor has obtained permission from Anne Stark, the LLNL (Lawrence Livermore National Labs) staff person responsible for the release to reprint this excerpt for you here. Contact: Anne Stark Phone: (925) 422-9799. E-mail: stark8@llnl.gov

An artificial retina could restore vision to millions of people suffering from eye diseases such as macular degeneration (the leading cause of blindness in people over 60), retinitis pigmentosa (the leading cause of blindness in people under 50), or those who are legally blind due to the loss of photoreceptor function. Lawrence Livermore partnered with four other national laboratories, three universities and Second Sight on the project.

Engineers from LLNL's Center for Micro- and Nanotechnology specifically are developing a flexible silicone implant (microelectrode array) that sits on the surface of the retina. The electrode array can contact delicate retinal tissue without damaging it.

The implantable retinal prosthesis is based on a system that converts a video camera signal into a stimulation pattern that is applied directly to the intra-ocular retinal surface. This is referred to as an epiretinal implant - the device is in contact with the surface of the retina. Visual signals are captured by a small video camera in the eyeglasses of the blind person and processed through a microcomputer worn on a belt.

Although the device will not restore full vision, it is expected to provide enough optical resolution for patients to read and recognize fine shapes.

The first patient to receive a prototype implant in 2002 was able to see large letters and to differentiate between a cup, a plate and a knife after being blind for more than 50 years. To date, six volunteers have received implants of a micro-electronic device that rests on the surface of the retina to perform the function of normal photoreceptive cells.

For more information, or to track the progress: <http://www.llnl.gov/llnl/06news/NewsReleases/2004/NR-04-10-03.html>

Editor's Note: Does anyone think there's a new Lions Foundation wanting to be created here besides me?!



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Castro Lions 2004/2005 Officers and Board

President	Lion Gail Wood
1st VP	Lion Tommy Rudder
2nd VP	Lion Brian Carbo
3rd VP	Lion Linda Lopez-Wood
Secretary	Lion Carroll Fears
Treasurer	Lion David Gin
Membership Chair	Lion Dennis Hale
Tail Twister	Lion Brit Zane
Lion Tamer	Lion David Gin & Lion Gary Nathan
IPP	Lion Denni Harp

Board at Large 2 Year

Lion Mike Newell, PDG
Lion Carl Tebell

Board at Large, 1 Year remaining

Lion Moira Wilmes
Lion Brad Sprankle

