

The Castro Lion ROAR

Volume 15; Issue 3 October 2007

Steven Sams Editor – submissions accepted in word format via email at ss2391@att.com



The President's Column

Fall & winter are shaping up nicely! We've got a good slew of fundraisers right through the end of the year. We lead many (maybe all) of the district contests. Betsy is back! New members lurking all over. It keeps getting better & better!

Macy's Passport has proven to be a real blessing, supplanting & then some, the loss of a beverage booth at Folsom (without the hassles, threats, & fines). Kudos to all who've had a hand bringing this fundraiser on board & many more THANKS to each of you walking the stores floors & selling the discount certificates. October promises great opportunity as well with another garage sale mid-month & our Halloween party at the Eagle on the 27th. Perhaps our greatest generosity is our time & all of these will require each of us as Lions to give of our time. Please, each of us, mark some of that time down in our schedules & planners. We do need to be there!

Of course, raising money isn't everything. We've been fortunate to have some really good speakers so far & have more coming up. With education & knowledge we become not only stronger as individuals & as a club but we're also able to fine-tune our efforts with the "real" needs of the community. If there were a reason to come to our general meetings it's to hear these others out there trying to help, just as we are.

Finally, community service. Sometimes there's nothing like direct intervention. Hopefully we can get together a group & head out to the warehouse & help sort glasses, etc. Logan's toy-drive is another bright spot of direct intervention, so keep toy shopping in the back of your mind when you're out. Dine-Around is also coming up (OK it's a fund-raiser but not ours which makes it community service). Then again, sometimes community service might mean helping to save a performing arts theatre. We live in a world we inherit; we're making & passing on a better one! Carry Lionism in your heart today.

Lion Tommy Rudder
President, CASTRO LIONS CLUB



General Membership Meetings:
1st & 3rd Wednesdays

We meet twice monthly at 6:30 pm at [The Sausage Factory](#) located at 517 Castro Street (between 18th and 19th). Visitors are always welcome at these open meetings which consist of brief business reports, a featured speaker from a local charity, raffles, and spirited camaraderie.

Please call in advance to (415) 90-LIONS, and then join us for one of these dinner gatherings (optional - \$25/person). Casual attire is the rule.

Calendar of Upcoming Events:

Calendar items now on running calendar at end of the newsletter

Other community Events: <http://www.craigslist.org/>
R.E.A.F. Community Calendar:

www.richmondermet.org/reaaf10.1/calendar.htm

Volunteer Center of SF:

<http://www.thevolunteercenter.net/news.php>

Castro Online Calendar:

<http://www.castroonline.com/cgi-bin/calendar/calendar.pl>

Castro Lions Charities, Inc. is both a Federal & State recognized 501 (c) (3) organization.

Your contributions to our work in the community (charities account only) are fully tax deductible as allowed by law. EIN# 94-3206719. State Of California Domestic Nonprofit Corporation, Registration No. C1912192. State Charity Registration Number: CT095682

The Castro Lions Club Employee Giving Campaign/United Way Number is: #1034139
(At ATT, employees can use ID# 002944)

The Board agreed to support the 'Statement of Candidacy' for International Director from Lion Bob Smith who is from Wilton California – and when delegates are chosen for International Convention they'll be directed to do so.

Lions Code of Ethics

TO SHOW my faith in the worthiness of my vocation by industrious application to the end that I merit a reputation for quality of service.

TO SEEK success and to demand all fair remuneration of profit for my just due, but to accept no profit or success at the price of my own self respect because of unfair advantage taken or because of questionable acts on my part.

TO REMEMBER that in building up my business it is not necessary to tear down others; To be loyal to my clients or customers and true to myself.

WHENEVER the doubt arises as to the right or ethics of my position of action towards my fellow man, to resolve such doubts against myself.

TO HOLD friendship as an end and not a means; to hold that true friendship exists not on the account of service performed by one to another but true friendship demands nothing but accepts service in the true spirit in which it was given.

ALWAYS bear in mind my obligations as a citizen to my unswerving loyalty in word, act and deed; to give them freely of my time, labor and means.

TO AID my fellow man by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy; To be careful with my criticism and liberal with my praise; To build up and not destroy.

Lion Stamps for Easter Seals:

Please bring your stamps with you to the monthly meetings or give them to Lion Steven Sams or mail them with a NOTE 'From Castro Lions' in a "stamped envelope" to...

Charles Nelson
c/o Palo Alto Lions Club
800 San Antonio rd. suite 6
Palo Alto, Ca 94303
650-960-0577 email: chaz@chaz.org

District 4C4 – 2006-7 Officers

District Governor: Lion Maxine Frazier
LionMaxCat@yahoo.com

VDG: Lion Emil Kantola
ekantola@sbcglobal.net

Region 1 Chair: Lion Robert Ramos
ramos@alamedanet.net

R1 Zone 2 chair: Lion Kay Dawson
Kdawson41@yahoo.com

<http://www.lions4c4.org/>

Club Member Birthdays will now appear on the calendar pages at the back of this newsletter.

Please update your current mailing info Birthdate telephone numbers with the Membership Director Lion Luis Collazo as he wishes to produce a new, up to date roster.

LIONS of the MONTH: July 2006-Jun 2007

July	Lion Litz Plummer
August	Lion David Strickland
September	
October	
November	
December	
January	
February	
March	
April	
May	
June	

FROM: Jimmy Ross, LCIF Chairperson
I am happy to announce a new program of Lions Clubs International Foundation. LCIF has affordable, high-quality hearing aids available to Lions clubs in the United States for low-income members of the their communities. The two types of digital hearing aids from Rexton, Inc. can be purchased for \$200 per aid from the Lions Affordable Hearing Aid Project (Lions AHAP).

Ninety-five percent of individuals with hearing loss can be successfully treated with hearing aids yet 30 percent are unable to afford hearing aids. Seven million people in the U.S. cannot afford to purchase hearing aids. In 2005, the average cost of a hearing aid was \$1,900, and most people need two hearing aids. Hearing is critical to communication, so when there is even a minimal loss, it affects all aspects of a person's life. For example, people with untreated hearing loss make an estimated 50% to 70% less in wages than their hearing peers.

The two types of aids offer Lions clubs the opportunity to help with almost any type of hearing loss. Reducing communication breakdown for one person creates a ripple effect that touches everyone in the community. And, based on feedback from the program so far, many clubs are revitalized and often recruit new members committed to the new service.

Please consider participating in this program. To learn more about Lions AHAP, please visit http://www.lionsclubs.org/EN/content/lcif_gr_ahap.shtml or contact the office at 630-571-5466, ext. 615. The e-mail address is LionsAHAP@lionsclubs.org.



Credit the Club for your Cole Hardware purchases!

We are also a standing beneficiary of your purchases at the Cole Hardware Stores (Cole Street & the other SF locations of Fox Ace Hardware). Our club receives 'purchase' credits for your mentioning us when you make your purchases. The Club's account number at Cole is # *2584. (I'm told the "*" is essential.)

<http://colehardware.com/>

Once a year, they send us a gift certificate worth 5% of the accumulated purchases made in our name.

Lion Clubs International Objectives

To create a spirit of understanding among the people of the world;

To promote the principles of good government and good citizenship;

To take an active interest in the civic, culture, social and moral welfare of the community;

To unite the clubs in the bonds of friendship, good fellowship, and mutual understanding;

To provide a forum for open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members;

To encourage service minded men and women to serve their community without personal financial reward and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.

District 4C4 Newsletter now online:

www.lions4c4.org

To submit: send email to Newsletter editor Lion Paul Larson: lionpaul@chapelofthehighlands.com



**Brothers for Sisters:
A Campaign of Caring Lyon-Martin**

First Monday's

15% of dinner bill goes direct to Lyon-Martin

www.TangerineSF.com ; www.octavialounge.com

First Wednesday's:

5 pm – 9 pm – The MIX 15% bar tab to Lyon-Martin

www.SFMIXBAR.COM

Treasurer's report: (approx values)

Community Service Trust: \$40,989+/-

Vision Fund: \$2200.00 +/-

Hearing Fund: \$5000.00 +/-

Charities Account: \$31,300.00 +/-

Administration: \$7193.00 +/-

de Steiguer Endowment Fund:\$117,580.00 +/-

DUES ARE DUE ! \$125/annual and the Admin fund needs it FAST.

FUNDS NEEDED - HCMECF

The Hector Caceres Memorial Eye Care Fund is being tapped at a very busy pace. The funds are getting low – the Board is requesting additional resources and a more active management of the referrals and use of Lens Crafters connection to reduce costs and better serve the community requests.

The CASTRO LION Roar Ad Rates

Ads must be electronically provided, & 'business card' (3.5 in x 2 in) sized. They may be 'color' versions, though in PRINTED copies of the newsletter only B&W will be supported. A 12 month ad-run is \$100. Special Event (2 month) ads are also available for \$25.

FOR THE RECORD:

There are currently 41 members in good standing in the Castro Lions Club. As of 4/30 2007 there are 1,312,016 members internationally in 45,053 clubs & 757 Districts in 200 countries & geographical areas. There were 256,922 Melvin Jones Fellows including 45,901 Progressive Fellowships

THANKS!

We received letters of thanks for our most recent contributions to AIDS Emergency Fund, Breast Cancer Emergency Fund, The Band, Maitri AIDS Hospice PAWS, Quan Yin, and LCIF

BITS & Pieces:

2006-7 Castro Lions Beneficiaries:

The Charities Committee of the Castro Lions proudly announces the beneficiaries for 2006-2007 fund raising efforts.

AEF/BCEF <http://www.aidsemergencyfund.org>

Hector Caceres Eyeglass Fund

Castro Lions Hearing Fund

SFLGBT Marching Band www.sflgfb.org

LCIF Melvin Jones/Lion of the Year

Lions Ear of the Lion (Membership)

Lions Eye Foundation (Membership)

Lions Eye Foundation (LEF) building Fund

Lions-In-Sight Membership

<http://www.lionsinsight.org>

PAWS <http://www.pawssf.org>

Recording for the Blind & Dyslexic www.rfbid.org

Tenderloin Health (formerly TARC/Continuum):

<http://www.tenderloinhealth.org>

Tenderloin T's Dinners

Vital Life Services (formerly The Center for AIDS

Services) <http://www.vitalcalifornia.org/>

Lyon-Martin Women's Health Services

<http://www.lyon-martin.org>

Positive Resource Center www.positiveresource.org

CUAV (Community United Against Violence)

www.cuav.org

Burt's Children Center

Alexander Hamilton AL Post 448

<http://www.post448.org/welcome.html>

LPCCI – Canine Companions WWW.LPCCI.COM

From the LCI President:

Dear Club Officer,

It was a great privilege to be inaugurated President of the International Association of Lions Clubs in Chicago last month. It was a special thrill to assume the Presidency at our 90th anniversary celebration in the city in which our Association was founded

http://www.lionsclubs.org/EN/content/convention/2007_index.shtml

It struck me that much has changed and much has stayed the same. What has not changed is the spirit of Lions and our dedication to service. Integrity and compassion mean as much to us today as they did to our founders.

But we no longer do business from a roll-top desk as Melvin Jones did. When we answer the telephone we are as likely to take it from a pocket as from a stand on our desk. What has changed is not what Lions do, but the way we do things.

To keep up with our fast-changing world, Lions must make even greater changes in the way we do things. I hope that you will join me enthusiastically during our leadership year as we strive to embrace the challenge of change.

One of our greatest challenges in this year of change will be to meet our ambitious goal of achieving a net growth of at least 20,000 new members worldwide. Helping to spearhead this

aggressive plan are the Lions of [Team 20K](#) who are in place to help clubs with this membership challenge.

<http://www.lionsclubs.org/EN/content/pdfs/introgram.pdf>

http://www.lionsclubs.org/EN/content/pdfs/intl_program_powerpoint.pdf

Remember that we can hope to meet this ambitious goal only by ensuring that Lions Clubs remain relevant and meaningful to the young people in our communities. As one Lion in the U.S.A. put it recently, "People don't join Lions Clubs to go to meetings. They join to do the things that Lions do."

Meetings that are lively and brief events designed to reenergize club members and enable them to participate in innovative and fun service projects will help your club appeal to a younger generation which has innumerable choices when it comes to how to spend their time.

Remaining relevant to young people also requires us to give added importance to Leo Clubs. In our quest for high quality new members, there will be no better place to look than to active Leos. I challenge each and every Lions Club throughout the world to sponsor a Leo Club and take responsibility for nurturing its members in our culture of service.

Our membership goals are challenging and ambitious but are by no means impossible to achieve. For evidence, you need only look to the family membership initiative begun last year. When we began it was anticipated that we would realize a membership increase of approximately 9,000. In fact, more than 18,000 new members have joined our ranks as a direct result of the program. Many of these new members are women and many are under the age of 40. I am certain that we can achieve similar results from the changes we make this year.

Finally, I would like to ask you not to hesitate to make necessary changes in the way your club serves your community. Step forward and embrace the change. The future of our Association depends upon it. And, while this may seem to be only the start of our leadership year, the time to begin is now.

Sincerely,
Mahendra Amarasuriya - President
Lions Clubs International

The Board has determined that we will return to Octavia Lounge for General Membership Meetings beginning 11/5. Cocktails at 5:30, Dinner at 7.

**CASTRO Lions: benefits from your
Community Thrift Store**

donations.
Our Account # is 67. CTS will make arrangements for pick up of larger items, or you can drop them off during normal store hours.

PLEASE

be sure to complete a donation receipt so we may thank you for your generosity, & track the contributions.

Deliveries are at the dock in Sycamore Alley Street between Mission & Valencia.

Community Thrift Store
623 Valencia Street
10 am to 6:30 pm Open every day
(415) 861-4910.

Proceeds from your CTS donations benefit our Castro Lions Hector Caceres Eye-Glass Fund.
www.communitythrift.bravehost.com

NEWS FROM AROUND 4C4:

Campaign SightFirst II – Race for Sight – Bay Meadows 10/12/2007 Friday \$40 Drinks 5:30, Buffet 6:30 Call Lion Mike for details/tickets at 650-697-6346. Mail check to District 4C4 Cabinet Secretary Mike Simonini 1075 Vista Grande Millbrae, Ca 94030.

SF Hispanic Lions Club – Feather Falls & Gold Country trip. Saturday October 13, 2007 Leaves SF at 8:00 24th & Mission \$20 – includes snacks and \$10 ‘play’ at each Casino. For tickets call Rufino Ramos at 925-978-0423.

SFCPHSCR:

SF Citywide Public High Schools Class Reunion District 4C4 Governor Maxine Frazier to receive special award at event. Contact Bayview Lions Club Member Dr. James M. Calloway for details/tix at 650-991-3736. Friday 11/2 6:30 pm at the Patio Espanol 2850 Alemany Hwy SF. \$65/tix.

Peninsula Council of Lions Monthly Meeting 9/24 Elk’s Lodge 920 Stonegate Dr SSF. Cocktails 6:15, Dinner Meeting 7:15 \$25/person Call Lion Toni Nava 650-343-8926 by 9/19 for reservations.

Sunday 9/16 10-5 Hoover Park Area #3 Woodside Road & Spring Street Redwood City – Foster City Lions BBQ Call Lion Amor @ 650-346-9548 for details.

SF Coordinating Council hosted by SF Marina North Beach 9/26 at Lakeside Café 2529 Ocean Ave, SF \$25/person. Call Lion Eve Santos @ 650-387-3006 for details/tix.

Millbrae LEO’s Club – Haunted House \$3. 10/26 6-10pm Millbrae Rec Center 477 Lincoln Circle, Millbrae.

Foster City Lions Meeting Place Change:
3/11/2008 – changes to Crowne Plaza Hotel while Rec Center is under renovations.
Lion Jon Froomin 650-286-3332

Mid Peninsula Lions Club Golf Tournament
10/8/2007 Crystal Springs Golf Course
(Burlingame, San Mateo Metro, Half Moon Bay) \$135 entry or \$500 for four-some. 10/3 reg deadline. Lion James Asche 650-728-3630 for details, reservations.
2nd District Cabinet Meeting – Brisbane – 11/10 details to follow.

General Membership Meeting 9/5/2007

Lion Tommy started the meeting with introductions of our Guests, speaker Carla Wilson from Quanyin healing Center & the President of their Board Colin Howard. www.gyhac.org (See related article on Quanyin elsewhere in this edition.) Both are considering becoming castro Club members. Club friend & potential new member Felix Hernandez was also introduced. There were 13 members present.

Lion Tommy then introduced the August Lion of the Month – Lion David Strickland – who with the exception of the Garage Sale in August when he was taking a much needed respite – has attended & volunteered at every event then entire year & was one of the Club’s STAR Walkers in AIDS Walk SF raising over \$2000 himself! Congratulations Lion David!

We discovered that due to a communications error – the clu no longer has a membership in Lions in Sight – the Board will address at it’s next meeting. We also, due to a lapse in PO Box delivery received a late notice for the Clu’s insurance Bond – Lions Gin & Sams handled it immediately & payment has been made.

Lion Frank Bence ‘bought’ immunity for the night by purchasing the Bull Ring for \$25 – fina-able words were “TICKET” & “THE”.

Lion Hale reported we have a total of 28 Grant Applications in hand already & the Charities Committee will begin to meet soon to review & discuss.

Lion Sams reported for Lion Brit on the upcoming events/fund raisers: Macy’s Passport – approximately 240 tickets have been ‘sold’ & the cast of volunteers for the in-store sale 9/22 has been solidified. Castro Street Fair 10/7 has been confirmed – we will have the Beer Booth at the corner of 18th 7 Castro again this year ALL HANDS ON DECK for this one – it’s becoming one of our best fund-raisers throughout the year.

Sat 10/21 Halloween Themed Beer Bust at The Edge "Attack of the B-Movie Bimbo's" \$100 Prize for best B-Movie costume, Raffles, beer bust, baked goods.

Sat 10/28 Annual Halloween Party at The SF Eagle tavern Theme – (Lion Tomy would like it to be Vampires & Their Victims) Raffles, Beer Bust, Games, Fortune Telling.

Sun 11/18 Fundraiser at Marlena's Theme – Things that are Stuffed! Entertainment, Raffle, Baked Goods, auction.

Sun 12/9 Fundraiser/Toy Drive @ Marlena's Theme Holiday Spirits, Entertainment, Raffle, Toy Drive.

We received \$75 United Way donation from Levi Foundation as matching funds to a member's gift.

The Admin Brunch at Lion Tebell's raised \$160 for the Convention Fund.

The Board will discuss the possibility of reinstating Lions Warehouse trips for cleaning/sorting at it's ext meeting.

MD4 dues at \$568 were paid on time and take us through the end of the year.

Lion Dennis Hale addressed the General Membership about an idea to hold a special fund-raiser dinner for and at Maitri AIDS Hospice in conjunction with their very exclusive 'Dinner at Maitri' program. Total proceeds expected for Maitri are \$2500 – dinner will be open to 20 guests total. The Board will discuss at it's next meeting.

Lion Sams reported on the District's 1st Cabinet Meeting on 8/25 and shared various information form the District, Councils and other clubs. He also informed the membership that all MAR, MNR and Contest reports had been made on time and back dated to April. According to the co-contest commissioner for our area – we're doing extremely well and are racking up the points like crazy. Lion Strickland also joined Lion Sams at the Cabinet meeting and was presented a special FIRST Timers' Award by the Governor.

Lion Sams also reported on the recent visitations (1st Cabinet Meeting counted as 1) made by various club members, handed out the new visitation form and copies of the meeting locations/dates of all 4C4 clubs, encouraging all members to ake as many visitations as they could – but to also 'GET THE FORM SIGNED' and back to him no later than the last Friday of the month so he could include it in his monthly reports.

Lion Brain Carbo also shared with the club the sad news that Charter Member and former club 'everything' Brad Yost had passed and shared the recent obituary with the club. Printed in the Aug. 30 issue of the BAR, the accomplishments of this our lost brother are to be read to be believed. He started 'before the age of 9' and didn't stop his philanthropy until he lost his attle with Hodgkins Lymphoma & HIV on Aug 15 of this year.

Lion Carbo also gave us an update on his webpage efforts. He has updated several pages already and is shooting for a complete overhaul within the next few weeks.

CASTRO Lions: Community Business Partners

The following local businesses are community partners in the service work of the Castro Lions Club. Because of their support – we are able to meet our annual charity fund-raising goals. We encourage you to patronize them & tell them you appreciate their support of the CASTRO LIONS.

ATT <http://www.consumer.att.com/> ; Wells Fargo, Lone Star; Marlena's; The Edge; Cole Hardware <http://colehardware.com/> Community Thrift Store: www.communitythrift.bravehost.com ; Castro & Market Chevron; SF Eagle Tavern <http://www.sfeagle.com>; Moby Dick www.mobydicksf.com ; Alexander Hamilton American Legion Post 448 <http://www.post448.org/welcome.html> ; The Halcyon Hotel www.halcyonsf.com ; Wells Fargo Foundation <https://www.wellsfargo.com/about/charitable/>

Other useful Links:

Under One Roof: www.underoneroof.org

Lions Wilderness Camp

www.lionswildcamp.org

www.camprossrelles.com

LYRIC: www.lyric.org

(Lavender Youth Recreation & Information Center)

Project Inform: <http://www.projectinform.org>

GGBA (Golden Gate Business Association) www.GGBA.com

Bay Positives: www.baypositives.org

Guide Dogs of the Desert

www.guidedogsofthedesert.org

Lighthouse for the Blind

<http://lighthouse-sf.org/catalog/>

Horizons Foundation:

<http://www.horizonsfoundation.org/>

Dolores Street Community Services

www.DSCS.org

STAND! Against Domestic Violence

<http://www.standagainstdv.org/>

Tranquillium Center/New

Connections

<http://newconnections.org>

Other Websites you may find of use:

Lions of 4C1: www.4c1lions.org

The Leukemia & Lymphoma Society:

www.LLS.org

Rainbow Koi's: <http://www.rainbowkoi.org>

API Wellness Center:

<http://www.apowellness.org/home.html>



707-648-2306 – Warehouse
PIDDRBILLIANN@aol.com

The CASTRO LIONS want your used eye glasses & hearing aides no loose lenses please, frames only are ok if in good condition.

Drop Off spots:

- CalOptix: 3838 California #100
- Dr Lion Kathleen Kennedy 552 Castro
- SF-LGBT Center 1800 Market Street
- Site for Sore Eyes:
300 West Portal; 140 Battery & 901 Market
- Lions Eye Foundation CPMC
2340 Clay at Webster – 5th floor
- Rainbow Co-Op market 13th & Folsom
- Dr. Jones at 4110 24th (at Castro)

<http://www.lionsinsight.org/>

POA – SF Police Officers Association

Editor's NOTE regarding submissions:

Please do your own spell checking in advance of sending copy when possible. Copy can be sent either as attachments or simple text in an email. Each month, the Castro Lion Roar will be published on or about the 20th day of the month which means copy must be submitted by the 17th of the month to ensure its inclusion in the next edition. Of particular interest are CALENDAR items – Obviously – these need to be well in advance of the event to be of value. We will print RESULT stories after events too if you care to write/share them.

2007-8 Castro Lions Club Officers & Board

President	Lion Tommy Rudder
IPP	Lion Steve Kech
1 st VP	Lion Brit Zane
2 nd VP	Lion Dennis Hale
3 rd VP	Lion Carroll Fears
Treasurer	Lion David Gin
Secretary	Lion Steven Sams
Lion Tamer	Lion Mark Hankins
Tail Twister	Lion Carl Tebell
Membership Director	Lion Luis Collazo
Director 2 year	Lion Jenny Lee
Director 2 year	Lion Frank Bence
Director 1 year	Lion Rich Bennett
Director 1 year	Lion Tom Rodgers

All That Jazz - & Sushi:
Benefiting La Clinica de la Raza
Saturday September 29, 2007
Yoshi's Jack London Square, Oakland
510-535-2933 for details
www.laclinica.org

PLEASE MEMBERS – Let Lion Tommy know if you'd care to be on one of this year's committees – he'd like to get things rolling quickly.

**Castro Lions Club - Committees
2007-2008**

First person named is chair. President is exoficio on all committees

Charities: Lion Dennis Hale

Communications/VM/Scrapbook:
Lion Steven Sams

Constitution and By-Laws: Lion Carroll Fears

Convention: Lion Carl Tebell

Finance & Budget: Lion David Gin

Fundraising & Events: Lion Brit Zane

Holiday Party & Annual Dinner:

Membership: Lion Luis Collazo

Nominations Committee:

Visitations: Lion Dennis Hale

Web Page: Lion Brian Carbo

FRIENDS of the Club Fund-Raisers
Under One Roof – SprakleSF wine tasting & auction benefit November 9 6:30pm St Regis Hotel 125 3rd street SF 415-503-2306

Board Decisions 9/12/2007:

The Board has decided to return to Octavia Lounge in Nov. for General Membership meetings.

The Board requested Lion Sams to re-establish Warehouse work days at the LiS Warehouse in Vallejo, beginning in January.

Charities Committee will meet at Lion Tebell's on 10/6 1pm – please RSVP to Lion Carl who will also provide a light lunch.

The Board has agreed to once again do the AEF Dine Around Event in November on 11/14. The Board will meet on an alternate date that night.

The Board is considering a special Service/Fundraiser for/at Maitri Hospice – Lion Hale is coordinating.

Garage Sale set for Sat 10/20 at Lion Tebell's Toy Drive and Holiday Party will be at Octavia Lounge third Wed of December. Advance financial contributions should be made payable to the Castro Lions Club Charities Inc to be deductible and a notation made regarding which of two programs you wish the funds directed: SFFD/PD (our annual program) or the Hunter's Point, Bayview Program Lion Davis is assisting.

Castro Street Fair Beverage Booth – intersection of Castro & 18th – we need all hands on deck for this one.

October 21 Halloween Beer Bust at The Edge

October 27 – SF Eagle Halloween Party
“Vampires and their Victims”

11/18 – Marlena’s “Things that are Stuffed” fundraiser; beer bust

12/9 – Marlena’s Toy Drive Fundraiser Beer bust

The Board agreed to sponsor the New century Lions Dragon Boat event at \$50 for Campaign Site First II.

The Board agreed to re-join Lions in Sight (our membership some how lapsed over the last couple of years) Lion Sams is pursuing.

We served an additional 18 vision care clients this quarter (\$2720.00)

Guest Column:

Quan Yin Healing Arts Center

Organizational Information

Quan Yin Healing Arts Center (QYHAC) is a nonprofit alternative medicine health clinic & community center with the central location at 455 Valencia Street in the Mission District of San Francisco, California. Founded in 1984 & incorporated in 1986 as a 501(c) 3 non-profit treatment, education, & research corporation, QYHAC provides complementary therapies, health education & support groups to the people of the Mission District, the Tenderloin, Hayes Valley, the Castro, South of Market, & Bay View Hunters Point.

In addition to the Mission based clinic, QYHAC operates satellite clinics that provide acupuncture, health education groups & alternative therapies at Lyon Martin Women’s Health Services, Tenderloin Health Center, UCSF Positive Health Project, San Francisco General Ward 86, API Wellness Center, Castro Mission Health Center, Mission Neighborhood Resource Center, Clinica Esperanza, Shanti, Catholic Charities residential treatment programs, & at residential hotels, (single room occupancy, SRO) in the Mission operated by Tenderloin Housing Clinic. Evidence based research has shown that acupuncture is an effective approach in addressing substance use, especially in combination with counseling & group therapy.

The mission of QYHAC is to provide treatment & health education to all people regardless of ability to pay. In an ongoing commitment to the premise that health care is a basic human right, QYHAC provides services the whole

diversity of people within our various communities, addressing the barriers to health care that manifest as poverty, racism, homophobia, sexism, homelessness, gender disparity, ageism, drug addiction, & mental illness. QYHAC provides programs for over 600 clients living with HIV/AIDS, addiction & chemical dependency, hepatitis, stroke/brain injury, asthma, cancer support, & pain management. The clinic provides services for people who live with disabilities, are in wheelchairs, people who are hearing or visually impaired, & people with mental disabilities.

In addition to specializing in care for people living with HIV, QYHAC provides treatment for a wide variety of conditions from allergies & asthma, to carpal tunnel syndrome, migraines, Hep C, chronic pain & all disorders related to the wear & tear of life, meaning: STRESS. The center serves people with a wide range of incomes, including many who pay at the lowest fee scale as well as accepting & billing insurance.

Located between 15th & 16th Street in the Mission District, on the cusp of the Castro, the center is easy to access & is open Tuesday from 10AM – 8PM, & on Saturday from 10 AM – 4PM.

In addition to gentle acupuncture, QYHAC offers the very best in therapeutic massage at excellent rates. Where else can you get an hour & a half massage for \$71? The massage services are available Tuesday through Saturday & walk-ins are welcome!

Wish List:

Portable Massage Chairs, Free Standing Lamps, Floor Fans, Deep Relaxation Music, & of course, the honor of your presence!

Yours in Health,

The Quan Yin Team – Carla Wilson
EXECUTIVE DIRECTOR
QUAN YIN HEALING ARTS CENTER
455 VALENCIA STREET
SAN FRANCISCO, CA, 94103
415 861 4964
www.qyhac.org



NEXT BOARD MEETING 10/10 – Mission Police Station 7pm – Community Room – POT LUCK

The End of the ROAR!



The CASTRO Lion Roar - Castro Lions Club 584 Castro PMB 200 SF, Ca 94114
Membership Information Hotline: 415-90-LIONS



The ORIGINS of LIONISM:

Lionism began in 1917 when a group of independent businessmen responded to an idea presented to them by a young Chicago insurance agent, Melvin Jones. The idea is one of service as a group to our fellow human beings without regard to politics, religion, sex, race or any way the personal interests of the members. A conference of 25 independent clubs was called on June 7, 1917, and from this the organization of Lions was born. The International Association of Lions Clubs has grown to be the largest service club organization in the world, represented by over 46,000 clubs with a membership exceeding 1,334,000 in over 193 countries.

THOSE COLORS:

To Lions, purple stands for loyalty to country, friends, ones' self and the integrity of mind and heart. It is the traditional color of strength, courage and tireless dedication to a cause. Gold symbolizes sincerity of purpose, liberality in judgment, purity in life and generosity, in mind, heart and money toward our fellow men and women.

Who We Are:

We are volunteer members of a club that is chartered under an international organization, where we enjoy fellowship and dedicate part of our free time to helping those in need all over the world, while making our individual community, a better place to live. Our membership is open to any person willing to step up to the SERVICE motto of the organization.

Think of joining us:

While Castro Lions is one of the youngest Lions Club in San Francisco, we are a busy club! Formed in 1985, we have become the world's first officially sanctioned gay/lesbian Lions Club (and have since played a role in chartering other gay clubs in Denver and Toronto). Lions International has always encouraged clubs to reflect their unique neighborhoods. Membership is open to Gay and Non-Gay individuals.

YES – you CAN Afford It!

A member's basic financial commitment is a \$75 entrance fee and \$125 annual dues (payable semi-annually). The degree of involvement by each member and the degree of financial contribution are personal decisions. Club Meetings are held twice monthly (with dinner optional). There is usually a guest speaker about topics of interest to our community as well as a few reports of business and planning projects. Lions Clubs elect their officers annually and work through club committees. Our club is proud that it reflects all socio-economic levels within the gay, lesbian and non-gay community. Pins, vests and other items you may desire to acquire as part of club membership are available at anytime, and are reasonably priced, not required and payment schedules can be arranged.

Castro Lions Club
584 Castro PMB 200
SF, Ca 94114
415-90-LIONS

WE SERVE!

Mission Statement: "To create and foster a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation. "
The Castro Lions is a Federal and State recognized 501 (c) (3) organization. Your contributions to our work in the community are fully tax deductible as allowed by law. [EIN# 94-3206719.](#)